



**JOINT READINESS TRAINING CENTER
AND FORT POLK
PUBLIC AFFAIRS OFFICE
7073 RADIO ROAD
FORT POLK LA 71459-5342
Voice: (337) 531-4630
Fax: (337) 531-6014**



Media Packing List for coverage of JRTC at Fort Polk, La

2 sets of rugged long pants and 2 long sleeved shirts (neutral colors i.e. brown, black, dark blue, green)
Boots or Hiking Boots or rugged-wear shoes
Cotton T-shirts (green, brown, dark blue, black)
Socks
Cap
Jacket
Underwear
Belt
Rain jacket and pants
Waterproof bag
Backpack
Laundry Bag
Towels (2)
Washcloths (2)
Notepad, pens, recorders
Sunscreen
Mosquito spray
Gloves
Blanket (neutral cover)
Canteen
Canteen cup
Stamped Envelopes
Sewing Kit
Extra Toilet articles - Personal Hygiene Products, durable razor w/replacement blades, shaving cream, toothbrush, shampoo, soap, toothpaste, foot powder, mirror, brush
First Aid Kit
Flash light with red lens (for field overnight)
Calling card
Non-perishable snacks